



Sign-up on [www.liyc.net](http://www.liyc.net)

**REGISTRATION OPENS:**

**LIYC REGULAR MEMBER: Feb 15**  
**SPONSORED JR. GUEST: March 15**

**Registration deadline: May 15, 2017**

Your sailor's registration is complete when ALL of the following is accomplished:

- 1) Online Registration Completed
- 2) Check or Credit Card Payment received
- 3) 2017 Liability Waiver & Medical Release signed and returned to LIYC
- 4) 2017 Family Membership or Sponsored Jr. Sailor Guest application approved

A \$100 late fee will apply to all registrations received after May 15, 2017.

**\*\*\*Class fees cannot be prorated and no refunds will be offered after June 15.**

**VOLUNTEERS! VOLUNTEERS!**

We need everyone to get involved to make this our best summer yet – experience not required.

- LIYC Regatta check-in & scoring
- LIYC Summer Event Chair
- Instructor housing
- Parent of the Day (required)

**ADDITIONAL FEES & NOTES:**

- \* Contact LICA for storage in the Genoa Boat Gardens 949-673-6170
- \* All Sabot Racers must be current members of INSA
- \* Sponsored Jr. Sailor Guest Participants available for \$150 per sailor
- \* \$100 LATE FEE for all registrations received after May 15, 2017
- \* **Fees are non-refundable after the program begins, no exceptions or prorating. No refunds for dismissal or termination.**

**2017 Summer Program Calendar:**

- April 2: Koll Family Spring Dinghy Regatta
- May 6: LIYC Opening Day
- May 20: Boat Yard Sale- San Remo Park
- June 3: Mandatory Sabot Tune-Up Day
- June 11: Summer Program Orientation & Meet the Instructors Dinner
- June 25: Jr. Commodore's Regatta – LIYC
- June 26: 1<sup>st</sup> Day of Summer Program
- July 4: NO CLASSES
- July 5: Movie Night
- July 8-9: Summer Gold Cup Regatta - NHYC
- July 10, 17, 24: Dick Sweet Team Race Regattas
- July 11 & 13: Sir Joseph Porter - LIYC (BBF)
- July 11: Picture Day (Session 1)
- July 12: Sabot II North Regatta - LIYC
- July 14: All Girl Regatta - LIYC
- July 14-16: CFJ Jr. Olympic Regatta - SDYC
- July 19: Sabot II Invitational Regatta
- July 20: Buddy Sail
- July 21: Dutch Shoe Marathon Regatta - SDYC
- July 22-23: Midsummer Regatta - LIYC
- July 25: Picture Day (Session 2)
- July 27: Bingo Night
- July 27- July 30: CFJ National Regatta
- August 3: Last Day of Program & Junior Awards
- August 4: Awards Banquet for Adventure & Racers
- August 7-9: Sabot National Regatta - NHYC



**LIYC**  
**SUMMER SAILING**  
**2017**




**SAILING CLASSES FOR ALL LEVELS!**

LIYC Sailing Director, Emlie Veinot  
[liycsail@gmail.com](mailto:liycsail@gmail.com)

Lido Isle Yacht Club  
701 Via Lido Soud  
Newport Beach, CA 92663  
949-673-5119

**REGISTER TODAY!**  
[www.liyc.net](http://www.liyc.net)

### STARFISH CLASS

1 Week Sessions during June 26-August 3  
M-TH | 9:00am-12:00pm  
Class Fee: \$150 per week

**Requirement: MUST HAVE completed a Pre-K program; NO BOAT REQUIRED; *Limited Space Available***

The Starfish class will provide a fun filled introduction to a lifetime of sailing. This class will introduce water safety and very basic sailing skills through a game inspired curriculum. Weekly activities include: arts & crafts, games on the beach, sailing, and helping young sailors feel comfortable on and around the water.

### SEA URCHIN CLASS

1 Week Sessions during June 26-August 3  
M-TH | 9:00am-12:00pm  
Class Fee: \$150 per week

**Requirement: MUST HAVE completed Kindergarten; NO BOAT REQUIRED; *Limited Space Available***

The Sea Urchin class will focus on getting young sailors comfortable on a boat and having fun on and off the water. The class teaches the very beginning aspects of sailing, for example: the parts of the boat, finding wind direction, learning how to pull and let the sail out, and learning how to steer with a tiller. An instructor will accompany a small group of students in a Harbor 20, CFJ, or Sabot and sail around the Harbor daily. This class will also include many land-based activities, such as: knot tying, arts & crafts, and sailing games. This is a great class for introducing kids to sailing.

### NOVICE SABOT CLASS

Session 1: June 26-July 13 | M-TH  
Session 2: July 17-August 3 | M-TH  
Half Days: 9:00am-12:00pm or 1:00pm-4:00pm | \$350  
Full Days 9:00am-4:00pm | \$650

**Requirements: MUST HAVE completed First Grade and provide a properly rigged Naples Sabot**

This is an all-encompassing, fun-filled class for the first time sabot sailor. The Novice Class will cover an introduction to the Naples Sabot including: boat parts, rigging, knots, and basic sailing skills. In the beginning, sailors will double up in a boat in order to feel comfortable and ease the responsibility aspect of sailing with the goal of learning to skipper their own boat by the end of the session. The goal of this class is to teach kids how to learn, love and safely operate their Sabot.

### BEGINNER SABOT RACING

Session 1: June 26-July 13 | M-TH  
Session 2: July 17-August 3 | M-TH  
Half Days: 9:00am-12:00pm or 1:00pm-4:00pm | \$350  
Full Days 9:00am-4:00pm | \$650

**Requirement: Must provide a properly rigged Naples Sabot & have completed Novice Sabot Class**

This class is designed for students who have sailed and feel comfortable in a Sabot. This will be a skill-building class, teaching kids how to safely maneuver their boats in basic race-course situations, for example: sailing around a course, understanding the starting sequence, and learning more about the wind and how it shifts. This is perfect for sailors who have completed the Novice class but are not ready for the C3 Racing class. This class will introduce sailors to racing in a fun, nurturing environment.

### INTERMEDIATE SABOT RACING: Sabot C3

June 26-August 3 | M-TH  
Half Days 1:00pm-4:00pm | \$650  
Full Days 9:00am-4:00pm | \$1,050

**Requirement: Must have completed Beginner Sabot Racing; must provide a properly rigged Naples Sabot**

Sabot C3 classes will cover beginning race tactics, sail trim, boat handling, and the Racing Rules of Sailing. Boat handling and seamanship will be developed, while fun is maintained as a primary goal. Sailors will be racing in the afternoons during the week, according to the Balboa Bay Fleet schedule. Sailors are also encouraged to participate in local weekend regattas.

### ADVANCED SABOT RACING: C2, C1, B, & A

June 26-August 3 | M-TH 9:00am-4:30pm  
Class Fee: \$1,050

**Requirement: See Balboa Bay Fleet move up rules**

This Advanced Sabot Racing class builds on intermediate racing tactics, boat handling, the Racing Rules of Sailing, and introduces higher level concepts, such as: using sail controls, body weight, and sail theory to fine tune and improve speed. Sailors will be racing in the afternoons during the week according to the Balboa Bay Fleet schedule. Racers are strongly encouraged to participate in local and away weekend regattas, including Sabot Nationals August 7-9 at NHYC.

### ADVENTURE CLASS

Session 1: June 26-July 13 | M-TH 1:00pm-4:30pm  
Session 2: July 17-August 3 | M-TH 1:00pm-4:30pm  
Class Fee: \$475

**Requirement: 8-17 years old & completed Novice Sabots; NO BOAT REQUIRED**

This class is perfect for sailors who want to seek on-the-water adventure through sailing. Theme days will include: marine life, navigation, compass reading, anchoring, long distance sailing and so much more. Sailors will have the opportunity to use a variety of vessels such as: Laser, CFJ, Harbor 20, kayaks, and paddleboards and participate in weekly field trips around the Harbor.

### CFJ CLASS: Cruising & Racing

June 26-August 3 | M-TH  
Cruising: 9:00am-12:00pm | \$950  
Racing: 1:00pm-5:00pm | \$1,200

**Requirement: 12-18 years old and/or weigh 110+ lbs; NO BOAT REQUIRED**

The CFJ classes are offered to beginner, intermediate, or advanced racers interested in double-handed sailing. Sailors will have the opportunity to learn both the skipper and crew positions. Classes will focus on rigging, boat handling, sail trim, introduction to spinnakers, and racing tactics. These CFJ Classes are a great opportunity for sailors who are planning to participate in high school sailing.

**JR. GUARD SHOREBOAT SERVICE**  
**Will be offered to all sailors registered for**  
**LIYC Summer Sailing Program.**  
**Email Emlie to sign up!**